

PSALMS – God’s Songs for Us
Lent and Holy Week 2022
Zion Lutheran Church, Ridgeville Corners, Ohio
Lent 2, March 9, 2022

Listening, Support, Safety and Peace from God (Even If Unbelievers Mock Faith)

Psalm 4

To the choirmaster: with stringed instruments. A Psalm of David.

1 Answer me when I call, O God of my righteousness!

You have given me relief when I was in distress.

Be gracious to me and hear my prayer!

2 O men, how long shall my honor be turned into shame?

How long will you love vain words and seek after lies? Selah

3 But know that the LORD has set apart the godly for himself;
the LORD hears when I call to him.

4 Be angry, and do not sin;

ponder in your own hearts on your beds, and be silent. Selah

5 Offer right sacrifices,
and put your trust in the LORD.

6 There are many who say, “Who will show us some good?

Lift up the light of your face upon us, O LORD!”

7 You have put more joy in my heart

than they have when their grain and wine abound.

8 In peace I will both lie down and sleep;

for you alone, O LORD, make me dwell in safety.

This psalm was designed to be _____ with instruments at the tabernacle/temple,
perhaps with a choir of Levites.

“Selah” – Not sure of the meaning in the Hebrew. May refer to the use of instruments.

- Vs 1 God is the _____ of the psalmist's righteousness and _____ .

We need God to _____ our prayers when we are in a _____ place.
That is the real help, God's hearing.

- Vs 2-3 Wicked people not do last forever, but the LORD sets apart the _____ and
hears when they (I) _____ to the LORD.

- Vs 4-5 There might be "righteous anger" at wickedness in the world – but do not
_____. St Paul referred to this passage in Ephesians 4:26.

"Be angry and do not sin; do not let the sun go down on your anger,"

Even if in anger, the best thing to do is to _____ and give _____
in _____ to the LORD.

- Vs 6 The psalmist notes there are many who mock faith in the LORD.

- Vs 7-8 But as for the psalmist, true _____ is only from the LORD. This joy is
better than the unbelievers' times of plenty of food and drink.

In God's _____ the believer can both lie down and sleep (no fears at all!)

Only the LORD's peace (benediction) gives this great _____ in all of life.

*Ps 23:6 Surely goodness and mercy shall follow me all the days of my life,
and I shall dwell in the house of the LORD forever.*